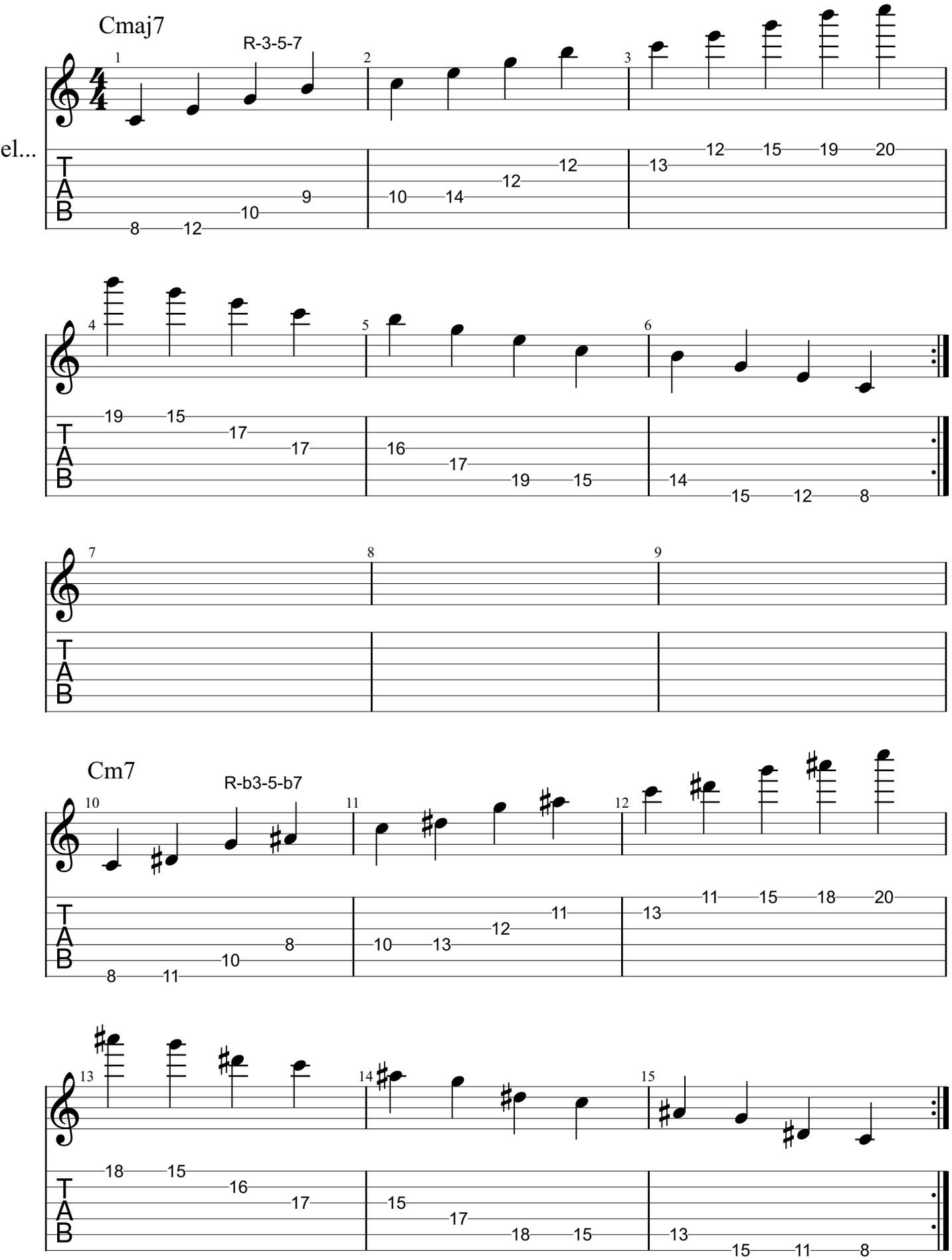
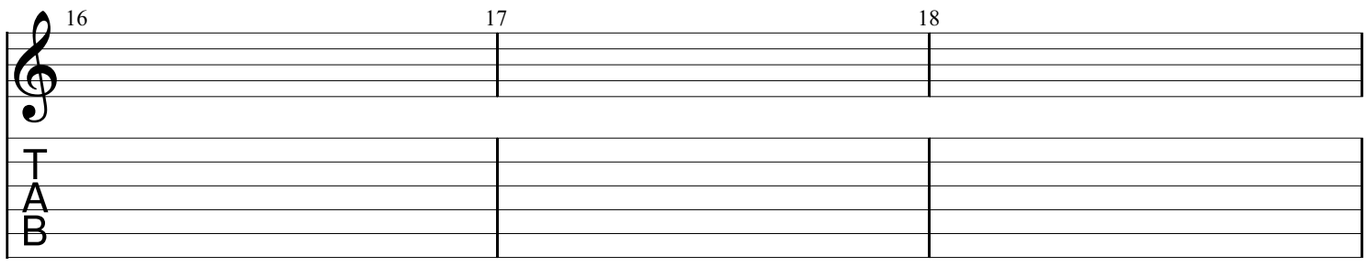
Arpeggio Exercise

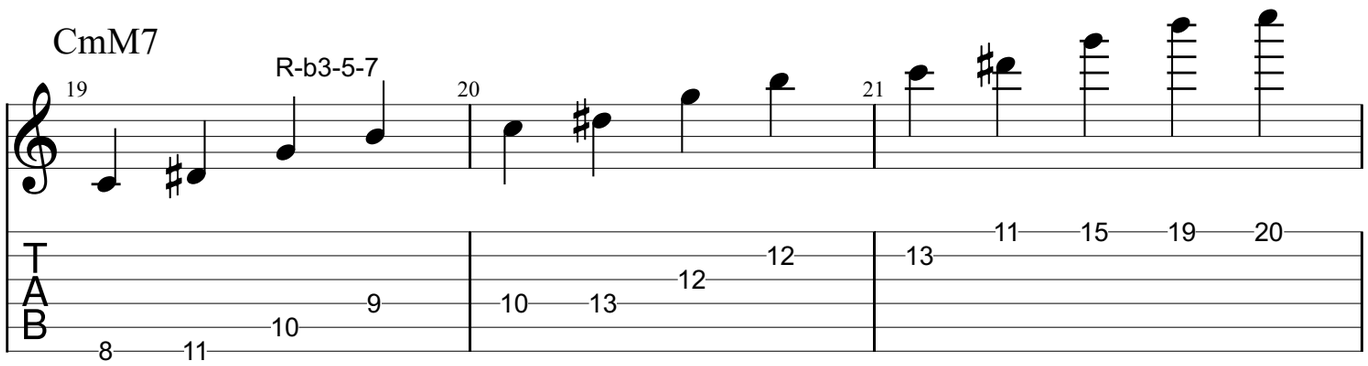
Circle of Fourths

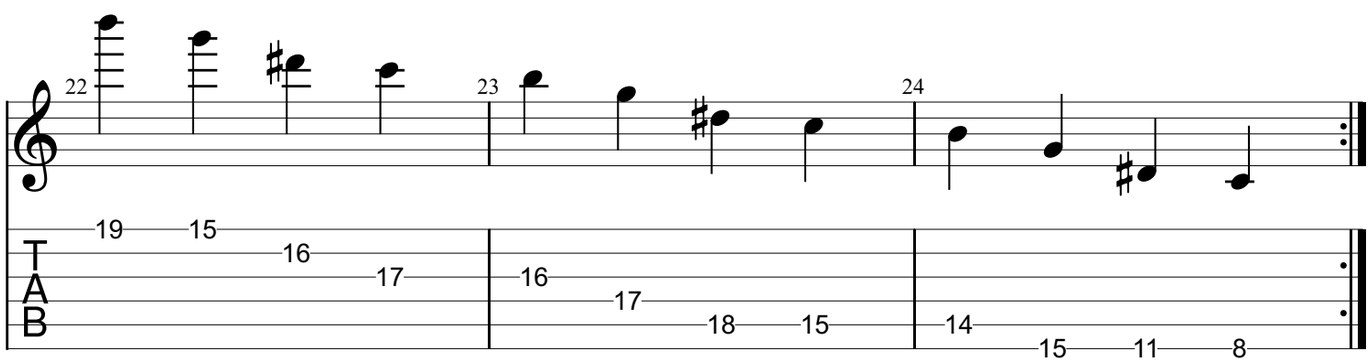
by Jeremy Bousselot

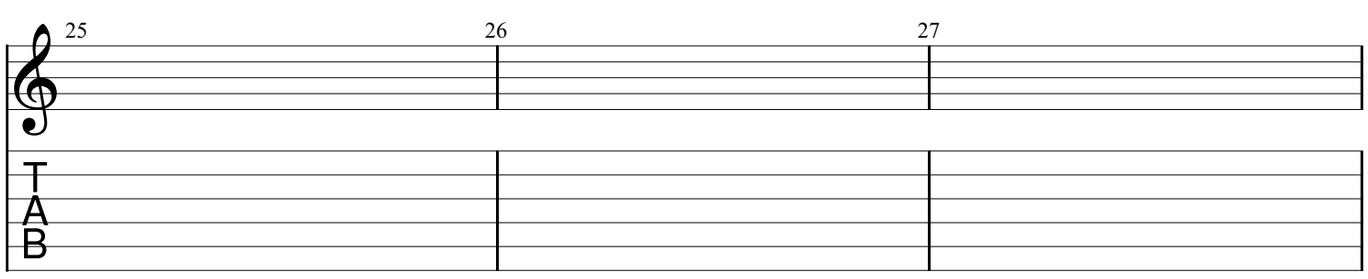
Standard tuning

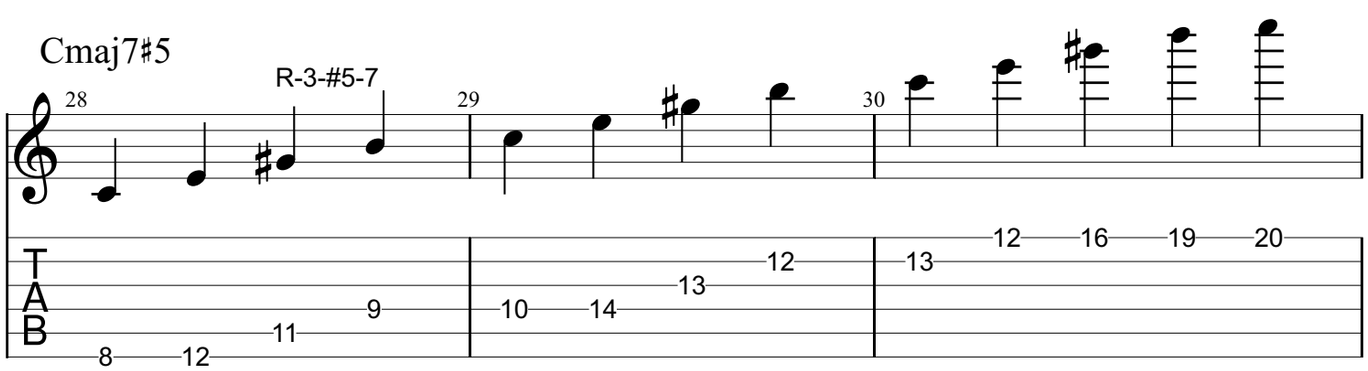


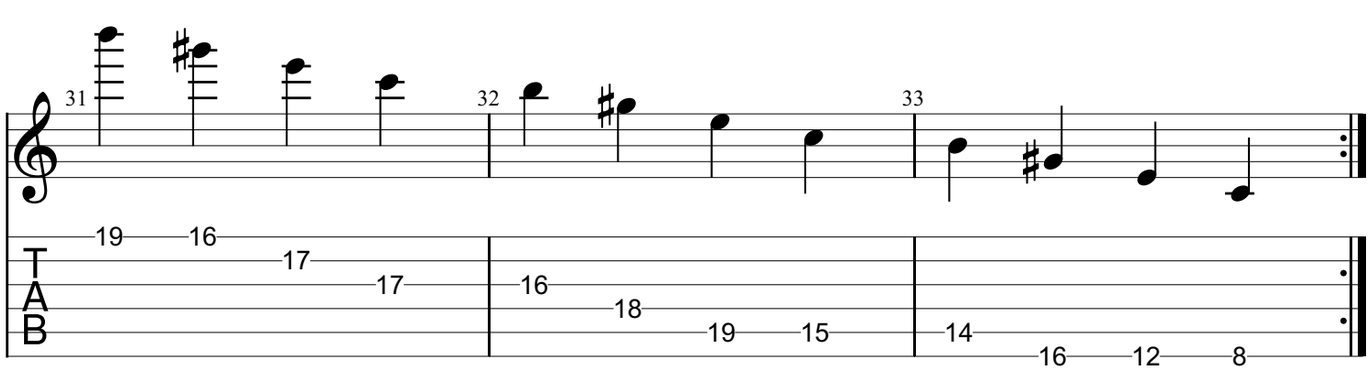

16
17
18
T
A
B

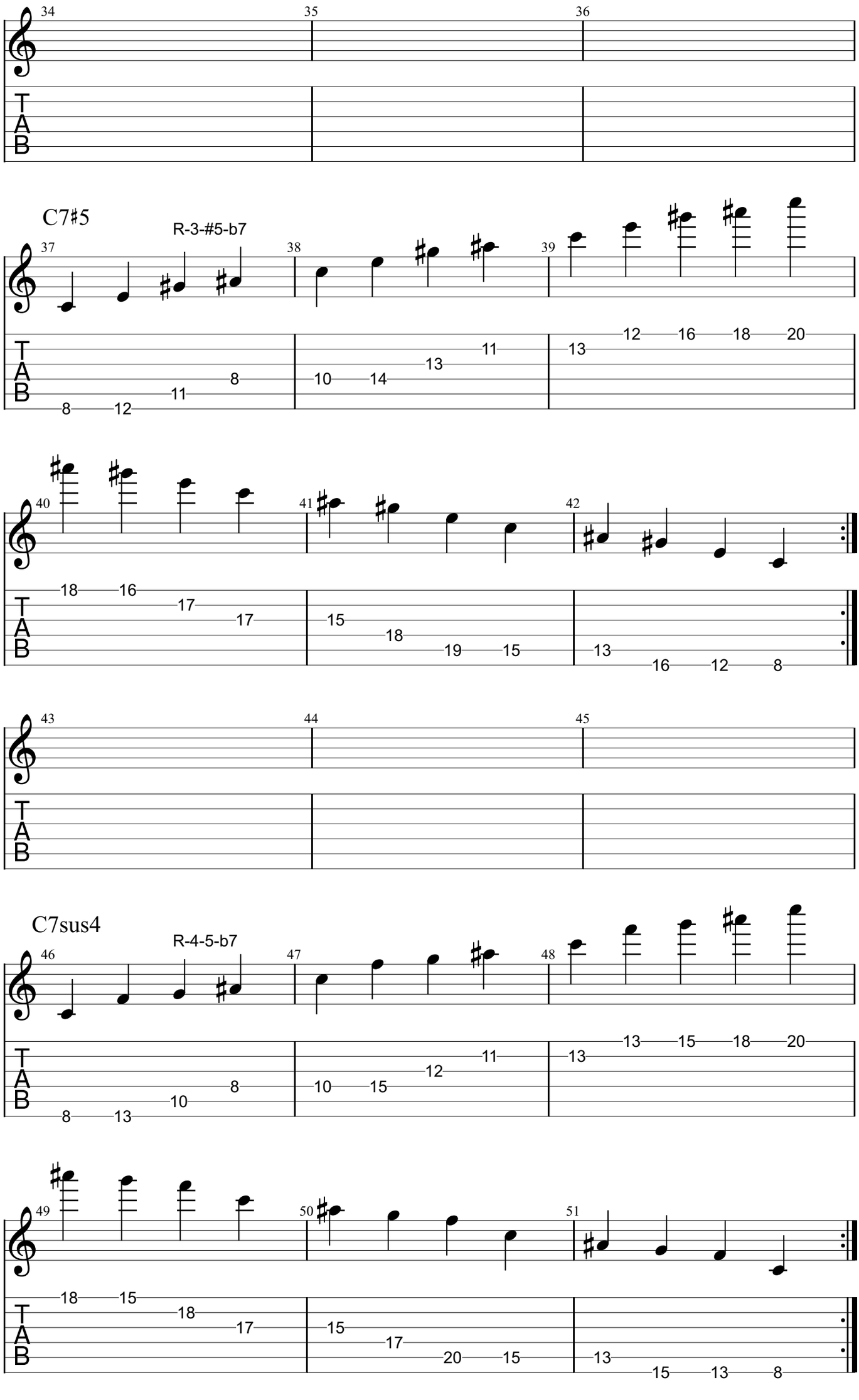

CmM7
R-b3-5-7
19
20
21
T
A
B
8
11
10
9
10
13
12
12
13
11
15
19
20

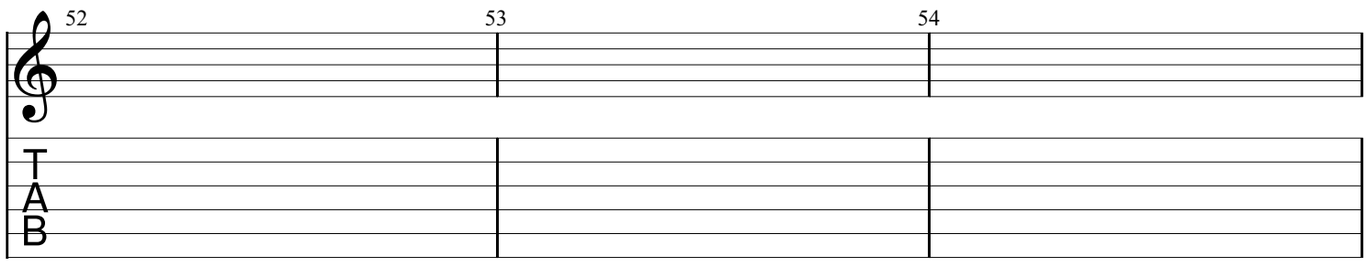

22
23
24
T
A
B
19
15
16
17
16
17
18
15
14
15
11
8

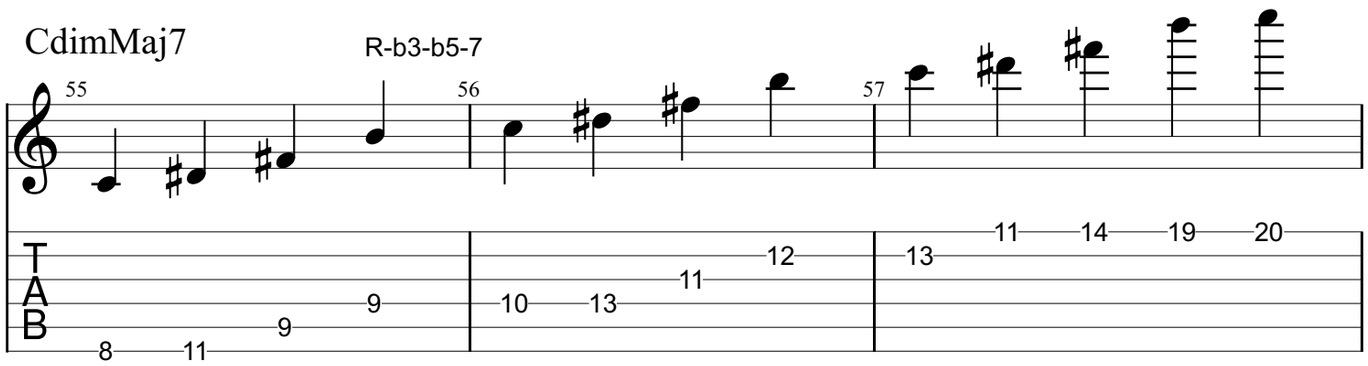

25
26
27
T
A
B

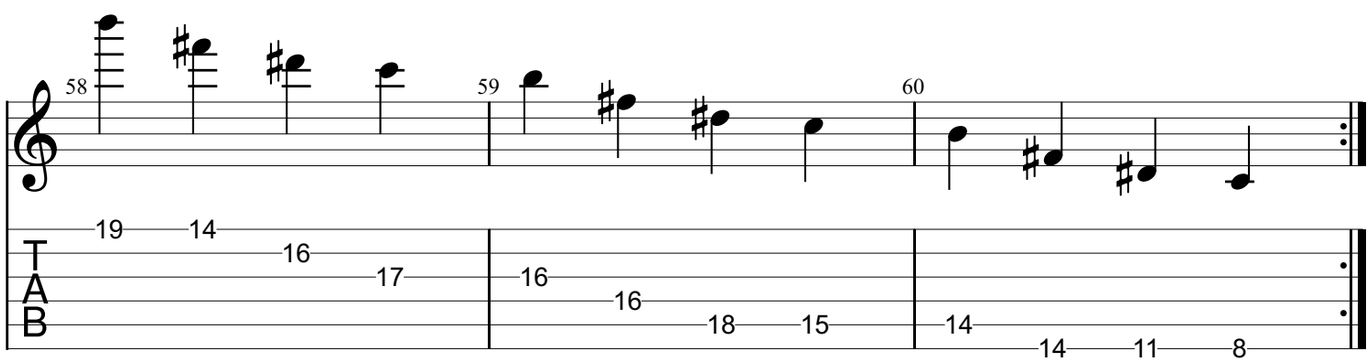

Cmaj7#5
R-3-#5-7
28
29
30
T
A
B
8
12
11
9
10
14
13
12
13
12
16
19
20

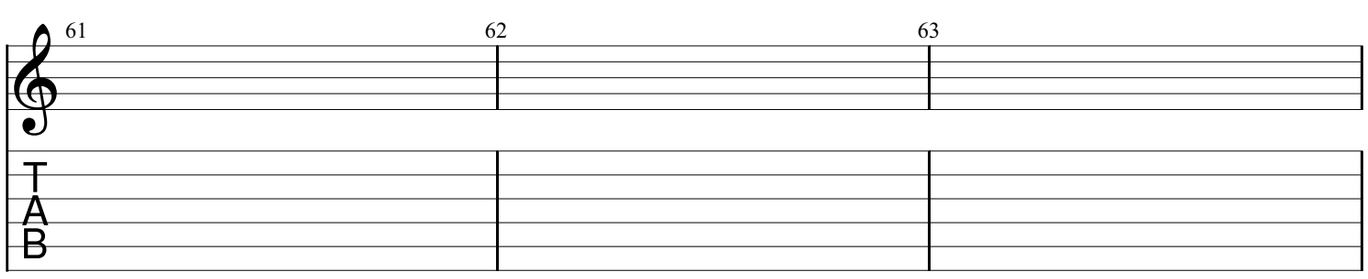

31
32
33
T
A
B
19
16
17
17
16
18
19
15
14
16
12
8

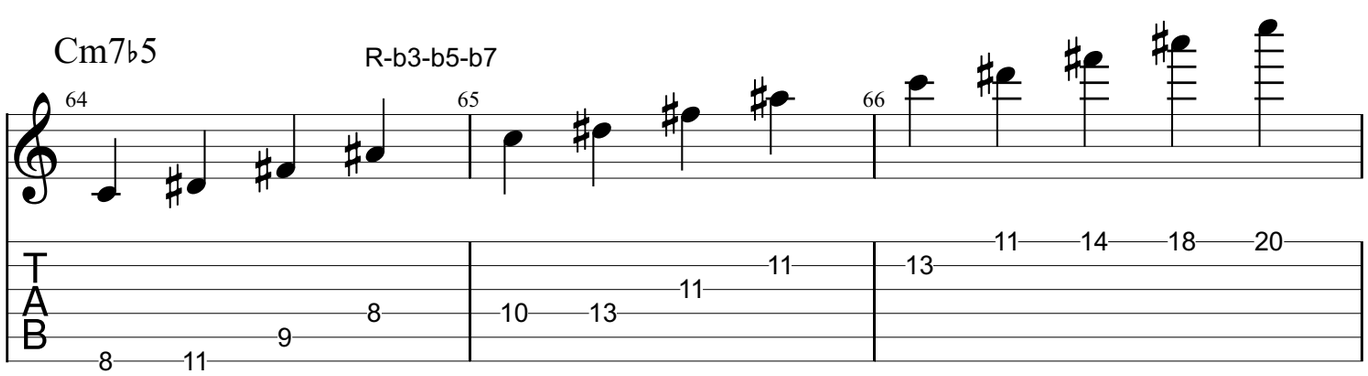

34
35
36
C7#5
R-3-#5-b7
37
38
39
40
41
42
43
44
45
C7sus4
46
47
48
49
50
51
T
A
B

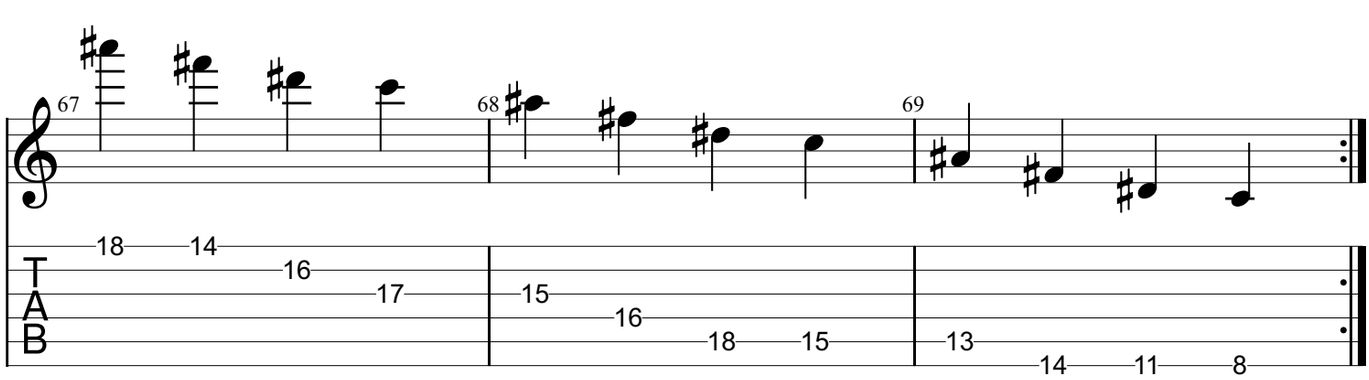

52
53
54
T
A
B

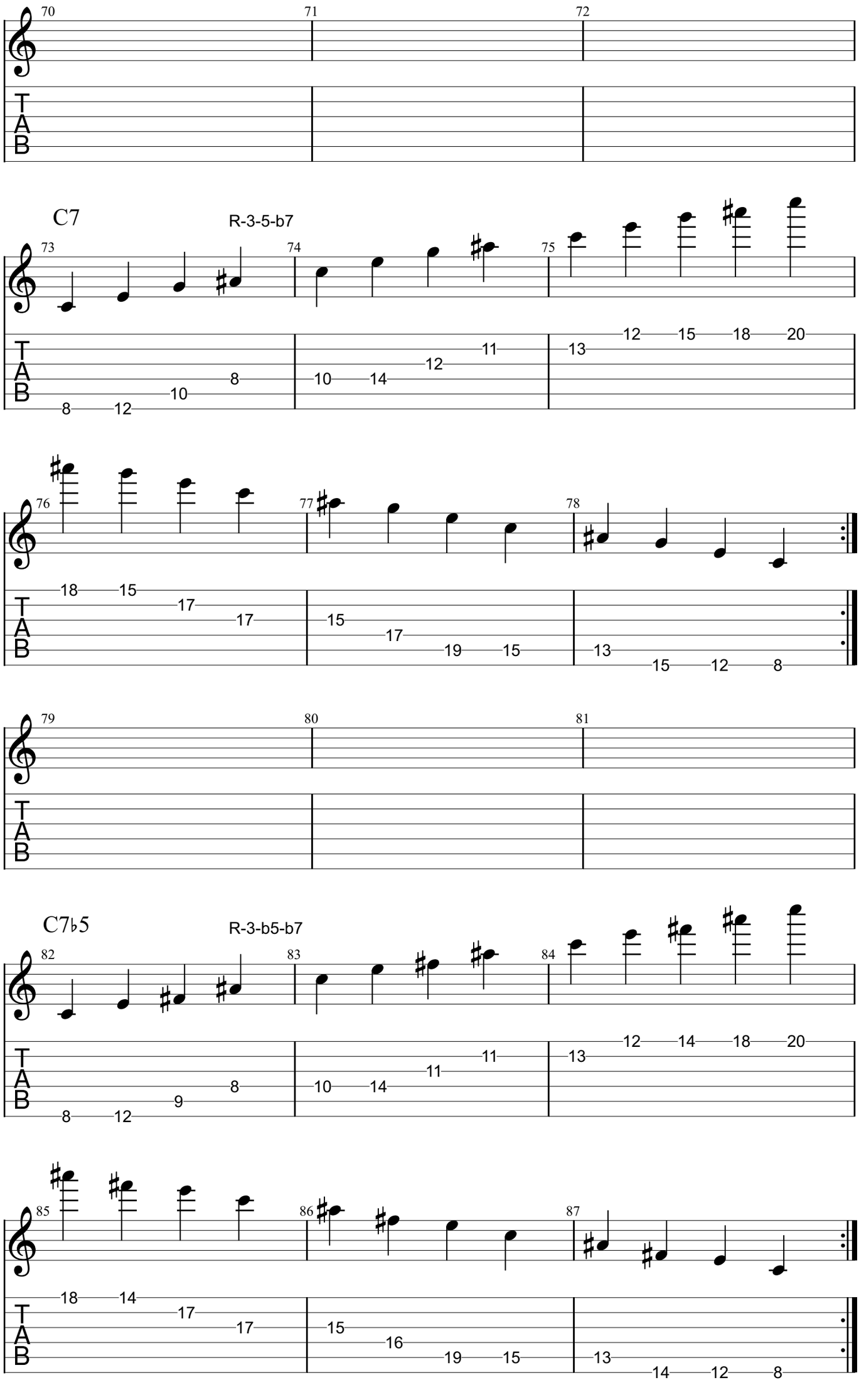

CdimMaj7
R-b3-b5-7
55
56
57
T
A
B
8
11
9
9
10
13
11
12
13
11
14
19
20

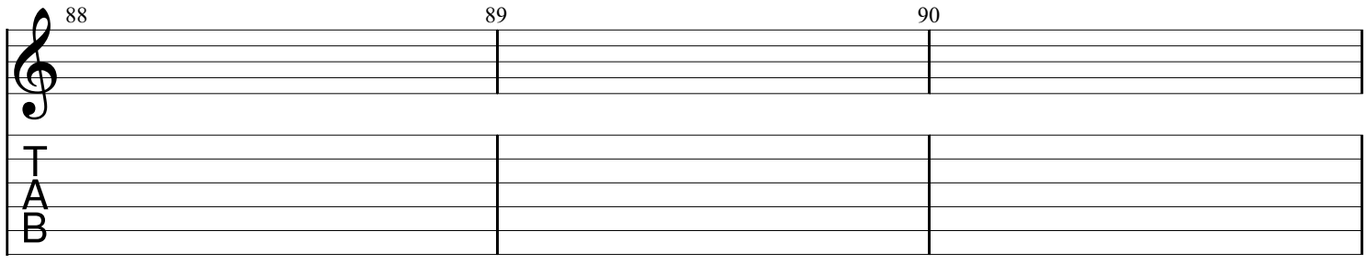

58
59
60
T
A
B
19
14
16
17
16
16
18
15
14
14
11
8

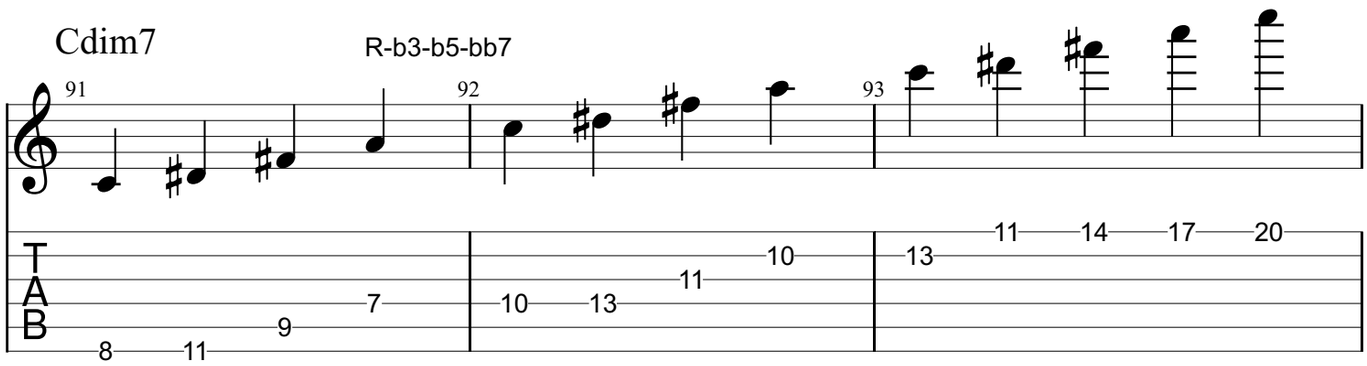

61
62
63
T
A
B

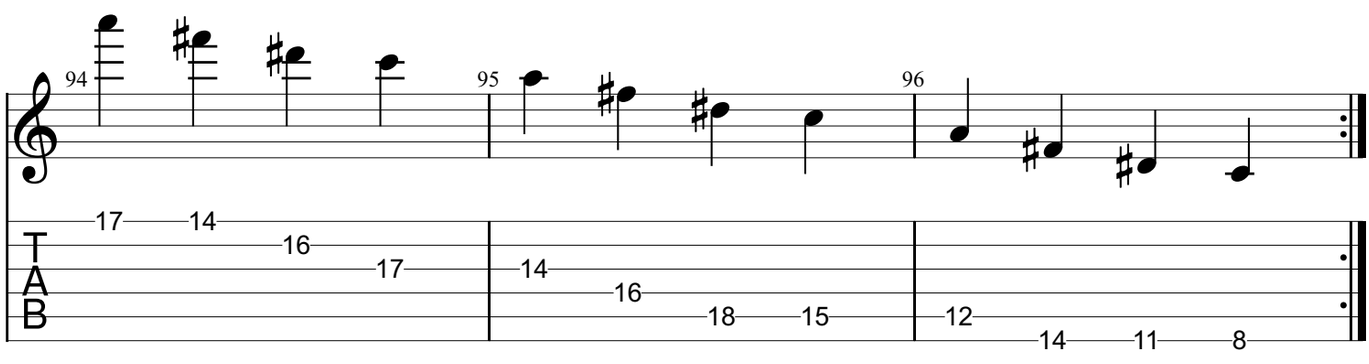

Cm7♭5
R-b3-b5-b7
64
65
66
T
A
B
8
11
9
8
10
13
11
11
13
11
14
18
20

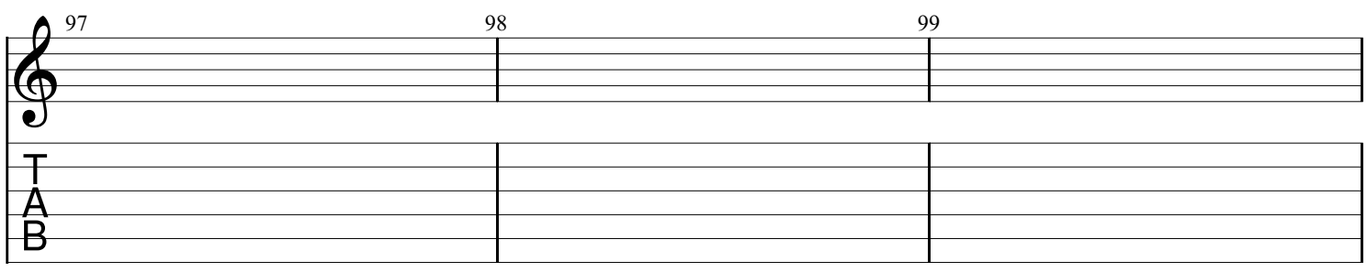

67
68
69
T
A
B
18
14
16
17
15
16
18
15
13
14
11
8


70
71
72
C7
R-3-5-b7
73
74
75
76
77
78
79
80
81
C7♭5
R-3-b5-b7
82
83
84
85
86
87
T
A
B



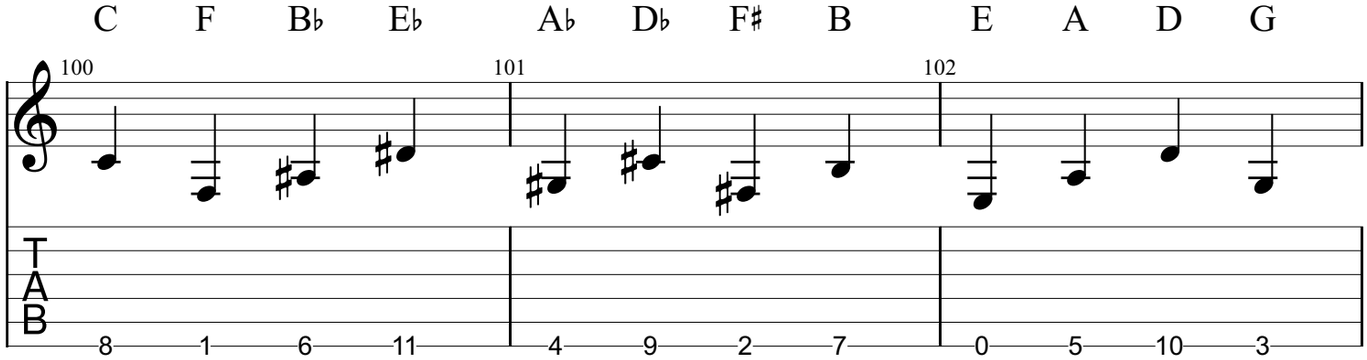






Use the Root on the 6th string to Cycle backwards through the Circle of Fourths (same pattern just start at each 6th string Root)

C F B♭ E♭ A♭ D♭ F♯ B E A D G



Back to C

C

